

# RISING STARZ DANCE STUDIO

2140 – H East University Drive

Monday	Studio A (Black floor)		Studio B (Wood floor)		Studio C (w/bathroom)
				3:15-3:55	Pre-ballet/Creative Movement 1 (ages 2-3) (KR)
4:45-6:05	Ballet 2 (KC)			4:00-4:45	Pre-ballet/Creative Movement 1B (ages 3-5) (KR)
6:10-7:30	Ballet 3-4 (KC)			4:50-5:35	Ballet/Tap Combo 3 (ages 4-6) (KR)
7:30-8:00	Pre-pointe/Pointe (KC)			5:40-6:35	Ballet/Tap Combo 4 (ages 5-7) (KR)
Tuesday	Studio A (Black floor)		Studio B (Wood floor)		Studio C (w/bathroom)
5:00-5:50	Pre-pointe/Beginning Pointe (DK)	5:30-6:30	Adult Ballet (MD) (Begins Nov 7, 2023)		
6:10-7:30	Ballet 3-4 (DK)	6:30-7:20	Ballet 1-2 (MD)		
7:30-8:30	Pointe Variations (DK)	7:20-8:40	Progressing Ballet Technique (All levels and ages) (MD)		
Wednesday	Studio A (Black floor)		Studio B (Wood floor)		Studio C (w/bathroom)
				4:30-5:15	Hip Hop Buddies (ages 4-6)
5:30-6:25	Intermediate Teen Tap (MM)	5:15-6:05	Hip Hop/Jazz Combo (ages 6 & up)		
6:25-7:20	Adv. Jazz (MM)	6:10-7:30	Ballet/Contemporary/Lyrical (ages 6 & up)		
7:20-8:15	Adv. Contemporary (MM)	7:30-8:20	Teen Hip Hop (levels 1-3) (LD)		
8:15-9:05	Adv. Hip Hop (MM)				
Thursday	Studio A (Black floor)		Studio B (Wood floor)		Studio C (w/bathroom)
				3:10-3:55	Pre-ballet 1 (ages 4-6) (KR)
4:00-4:50	Honors Ballet 2 (ages 6 & up by invitation only – requires 2 ballet classes per week) (KR)	4:00-4:50	Tap 1-2		
5:00-6:10	Progressing Ballet Technique (MD) *Beginning 11/2/23	5:00-5:50	Ballet 1-2 (SG)	5:00-5:50	Ballet/Jazz Combo 1-2 (ages 4-7) (KR)
6:10-7:30	Ballet 3-4 (MD)	6:00-6:50	Jazz 1-2		
7:30-8:30	Pointe 3-4 (MD)				
Friday	Studio A (Black floor)		Studio B (Wood floor)		Studio C (w/bathroom)
4:25-5:15	Contemporary 2-3 (MM)	3:30-4:30	Mini & Novice Competition Rehearsals (Starting 9/15/23)		
5:15-5:45	Novice Team Contemporary (MM) Dive into the Water	4:30-5:20	Leaps & Turns 1-2		
5:45-6:15	Jr./Teen Small group Contemporary (MM)	5:20-6:10	Lyrical/Contemporary 1-2		
6:15-6:45	Jr./Teen Small group Jazz (MM)				
6:45-7:30	Competition Team Rehearsals				
Saturday	Studio A (Black floor)		Studio B (Wood floor)		Studio C (w/bathroom)
8:30-9:20	Leaps, Turns & Flexibility 2-3 (LD+ )	9:00-9:50	Honors Ballet 1-2 (ages 5-10 by invitation only) (KR)		
9:30-10:50	Adv. Leaps, Turns & Flexibility 3-4 (LD+ )	10:00-10:50	Pre-ballet/Creative Movement/Acro 1 (Ages 3-5) (SG)	10:00-10:50	Ballet/Jazz/Creative Movement Combo 2 (Ages 4-7) (KR)
11:00-12:20	Acro 2-3-4 (ages 7 & up by skill) (starts in August – moves to the barn in September) (LD+ )				
1:00-3:00	Competition Rehearsal (subject to change) (LD+ )				

BB-Bailey Branham KC-Kylie Casino SC-Sophie Coleman LD-Liz Davis OD-Olivia Durham SD-Sabrina Durham MD-Madi Dwyer JG-Jillian Gruver SG-Sloan Gruver DK-Dawn Kamphaus HM-Holly Mullen MM -Maiya Mabry EM-Emma McCloskey JO-Josh Olson KR-Kathy Richards AS-Angie Smith EW-Emmaree Wilson

MINIMUM OF 6 STUDENTS FOR A CLASS TO MAKE

REVISED 7.18.23

# The ATHLETES COLLECTIVE

## At RISING STARZ

(Classes start September 5, 2023 unless the building is not ready)

1550 Opelika Road Suite 14A  
Flint's Crossing Shopping Center

### RISING STARZ Twirl Academy

### AUBURN STARZ Tumble & Cheer

Monday	Floor 1		Floor 2		Floor 3		Floor 4
				3:30 – 4:20	Young Acro/Tumbling 1 (ages 4-7) (SG)	3:30-4:20	Acro 1-2/Tumbling Level 1A (ages 5 & up-skill based) (JG)
4:30 – 5:30	Baton 1A (HM)			4:30 – 5:20	Intro to Cheer 1-2 (ages 8 & up) (OD)		
5:30 – 6:30	Baton 1B (HM)			5:20 – 6:10	Intro to Cheer 1-2 (ages 5-8) (SD)		
		6:15 – 7:15	Majorette Prep Level 1 (BB)				
Tuesday	Floor 1		Floor 2		Floor 3		Floor 4
4:00 – 4:50	Young Baton Team Bodywork (KR)					3:15-3:55	Pre-school Acro/Tumbling (ages 4-6)
5:00-6:00	Young Baton Team (AS)					5:00-5:45	Acro/Tumbling 1A (ages 6 & up)
6:00-7:00	Super Novice Baton Solos (AS)						
Wednesday	Floor 1		Floor 2		Floor 3		Floor 4
						3:30 – 4:30	Acro/Tumbling 1B (ages 7 & up by skill) (KR)
				4:30-5:20	Pre-school Gymnastics 1 (ages 4-6)	4:30-5:30	Tumbling 2** (EW)
				5:25-6:20	Gymnastics 1 (ages 5-8)	5:30-6:30	Tumbling 3** (EW)
Thursday	Floor 1		Floor 2		Floor 3		Floor 4
				3:45 – 4:45	Cheer Performance Team (OD)		
5:00 – 6:00	Novice Comp. Baton Solos (some experience) (AS)	5:00 – 6:00	Baton 2 (HM)			4:45-5:45	Performance Team Tumbling (Cheer & Baton) (JG)
6:00 – 7:00	Comp. Baton Solo class (Experienced soloists) (AS & HM)	6:15-7:15	Majorette Prep 2 (ages 11 & up)			5:45-6:35	Tumbling 1A-1B (ages 7 & older) (OD)
Friday	Floor 1		Floor 2		Floor 3		Floor 4
Saturday	Floor 1		Floor 2		Floor 3		Floor 4
Sunday	Floor 1		Floor 2		Floor 3		Floor 4
TBD	Older Baton Team (AS & HM)						

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\*\*These classes are skill based and must be passed off with excellent technique by Ms. Kathy or an approved coach